

Our supporters give us the ability to change lives

As a registered charity without statutory funding we're heavily reliant on voluntary donations. When you reach deep into your heart and pocket, you'll be helping Nordoff Robbins connect with people in need through music – and transform their lives. You can support us by becoming a friend, giving a cash gift, attending or organising a fundraising event, or by funding a specific project. We'll work in partnership with you to ensure that your support makes a difference.

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Visit our website www.nordoff-robbins.org.uk for contact details of the Head Music Therapist in your area.

Nordoff Robbins supports the work of our sister charity, Nordoff-Robbins Music Therapy in Scotland (www.tartandef.org) and contributes to the Nordoff Robbins training programme at Queen Margaret University, Edinburgh.

Nordoff Robbins Music Therapy – a non profit-making company limited by guarantee.

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Registered office: 2 Lissenden Gardens, London NW5 1PQ

The information in this leaflet is available in a larger size.

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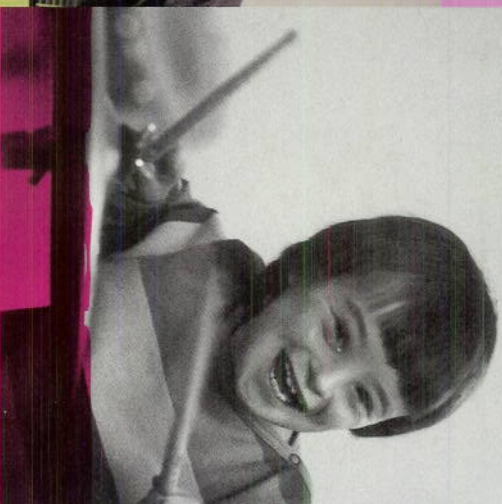


Acknowledging longstanding generous support of the BRIT Trust through our special relationship.

www.nordoff-robbins.org.uk



**NORDDOFF
ROBBINS**
music transforming lives



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Nordoff Robbins is the charity that specialises in transforming the lives of children and adults through the power of music.

Clap your hands. Tap your feet. Sing out loud. Dance or stomp. Shout or cry. We all react to music in different ways. But we all react. Because music has a universal power to reach us, touch us and make us feel different. It's a power that skilled Nordoff Robbins practitioners have used for over 50 years, helping people constrained by illness, disability, trauma or isolation to experience a richer life.

CEO's message

Wherever people are struggling with life-limiting circumstances music creates new possibilities, crossing boundaries of age, culture, disability, physical and mental ill health and trauma. Since 1959 countless people have been helped by the transformative power of Nordoff Robbins in work that is now practised worldwide.

The three interweaving core objects of our charity today – specialised music services, education and research – ensure the highest quality in everything that we provide, through the mutual support and enrichment that each area gives to the others. This wonderful work is made possible by our staff, supporters, governors and partners. I would like to express my sincere gratitude to you for enabling us to serve ever more children and adults whose lives can be so immeasurably enriched by music.

Pauline Etkin
Chief Executive Officer

Music transforming lives

Nordoff Robbins delivers life-transforming opportunities to vulnerable people nationwide, fostering the creative potential of people of all ages, through music. In our work people play and create music together – in whatever way they can. Playing a drum, singing or dancing... Making music together transforms confidence and wellbeing.

The variety of clients' needs is wide – including physical and learning disability, dementia, mental health difficulties, brain injury and life-limiting illness. The power of music through Nordoff Robbins creates Communication, Action, Relationship, Expression (CARE).

Our regional teams of skilled practitioners tailor their services to the unique character of our partner organisations in arts, education, health and social care sectors, where our work takes place. As members of a registered profession, regulated by the Health Professions Council, our music therapists provide a service that is held in high regard.



A young child with special needs comes to a music therapy session. The therapist sings hello to her, improvising stimulating music on the piano to invite her to play a cymbal. The child taps tentatively, the therapist echoes what she does, and soon there's a musical conversation going. It leads to a musical relationship that gradually helps the child develop vital skills of communication, action, relationship and expression.



A group of elderly people with dementia are in a music session in a care home. Sleepy and unengaged at first, they gradually are drawn in by a 1940s song played by the music therapist. One lady goes over to the piano and starts to sing. Another gets up and begins to dance with the singer. A care assistant asks a man for a dance. He smiles for the first time that day. The music makes it all happen: communication, action, relationship, expression.

Training and education are vital

The demand for our work has never been greater, and the more practitioners we can train, the more people we can reach. Our comprehensive Masters-level training is internationally renowned; we offer PhD programmes to practitioners in a wide range of fields; and we're committed to transmitting our experience and knowledge to enable people of every skill level to bring music into the lives of those they support. Our degree programmes are validated by City University London, ensuring that the highest standards are maintained.

Demonstrating the transformational power of music

We're working to build on the evidence for our work through our research programmes. Our studies and evaluation systems are designed to make our work ever more effective.

